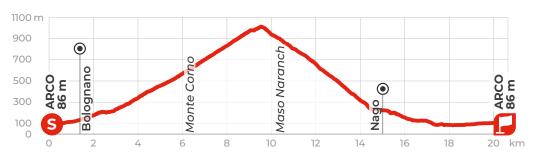


Steep climbs, steep descents: a circuit for ambitious mountain bikers.

From Arco, set off towards Bolognano. Pass through the village. After the last houses you come to a gravelled forest road. Cycling initially along chestnut groves, later through forests, you climb constantly, rounding several hairpin bends and ascending almost 1000 vertical metres. You should definitely plan a short stop at 7.2 km, where a loop takes you a few metres through the forest and then along the edge of the terrain, where, from a series of military emplacements from WWI, you can enjoy a breathtaking view over Lake Garda. Descend down the legendary Maso Naranch trail, which is technically quite demanding. If the descent down to Nago is too difficult, you can avoid the last, very demanding part of the trail. Passing the picturesque little church of San Tomè, descend via Nago into the valley and pass by orchards on the way back to your starting point in Arco.









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