

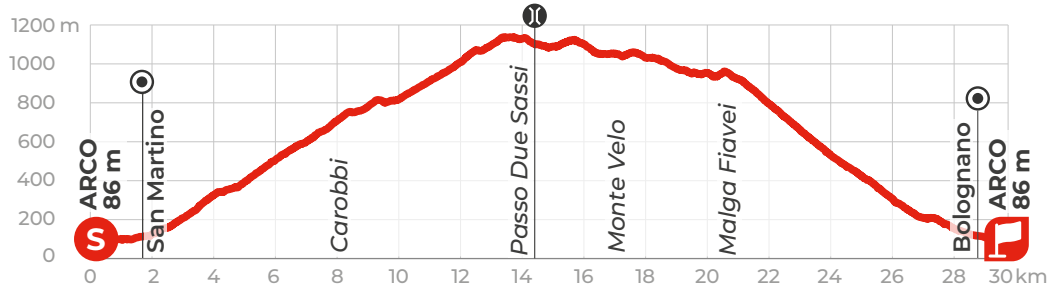
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# MTB Shady MTB uphill circuit for hot days.

From Arco you begin on minor roads via San Martino, riding north-east, then switching to gravelled forest roads shortly before Carobbi. You have to ascend a total of just over 1000 metres at a relatively constant gradient, right at the beginning. Once you cross Passo due Sassi, the highest point of the tour, you traverse the slope along a gently undulating series of changing surfaces. After a total of 20 kilometres, a long, relatively steep descent begins on forest roads, later through the village of Bolognano and back to the starting point. But don't forget to take a break after 22.5 km: near a right-hand bend, a number of short paths branch off to the left through the forest to a series of First World War emplacements (see hiking trail signs). These were built directly above mighty rocky outcrops and reward you with a wondrous view of Lake Garda and the surrounding mountains.

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29,7 km  
1240 m

**112** NUMERO EMERGENZA  
NOTRUF  
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