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MTB Short, intense tour near Arco.

Start next to the old town and ascend to Arboreto di Arco, a beautifully laid out arboretum, then cycle on alternating gravel and concrete paths along the sunny south-facing slopes enjoying views through olive groves until you reach the road to San Giovanni al Monte. Follow this until shortly after the village of Padaro, where a small path branches off to the right. The subsequent trail down to Laghel packs a punch: steep, gravelly, technically demanding – definitely not for beginners. The ride to the church of Santa Maria di Laghel is then easier, after which is another short, not too steep climb and a descent down into Valle del Sarca, which you reach at the historically important Ponte Romano near Ceniga. It's then flat and leisurely along the river back to the starting point in Arco.

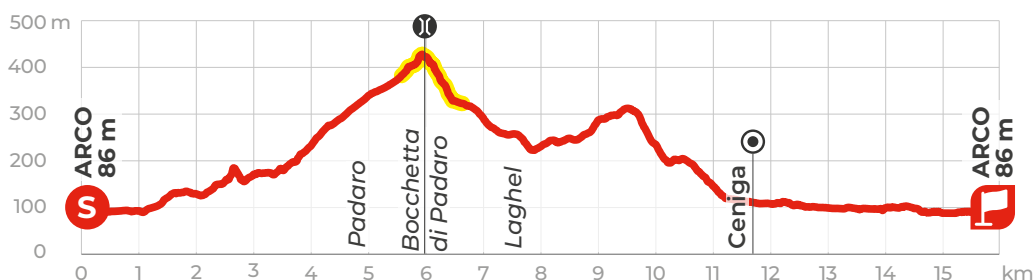
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16 km

530 m

112

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