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MTB Very varied and challenging tour for accomplished mountain bikers

Soon after starting off in Riva you can begin to enjoy one of the finest stretches of riding in the Alps, the Ponale, which is known far and wide. The old road winds its way among bizarre rock formations up into the Valle di Ledro. The view of Lake Garda is unique. After reaching Lake Ledro, turn off into Val Concei at Bezzecca, where, in the village of Lenzumo, you begin a long and strenuous climb up to Bocca di Tratt at just under 1600 metres. You can get refreshments at Rifugio Nino Pernici, which is the highest point on the tour. Enjoy the marvellous views before tackling the long and at times demanding descent via Malga Grassi down to Riva del Garda. Some of the trails are very steep and taxing, partly because of the rough stony ground.

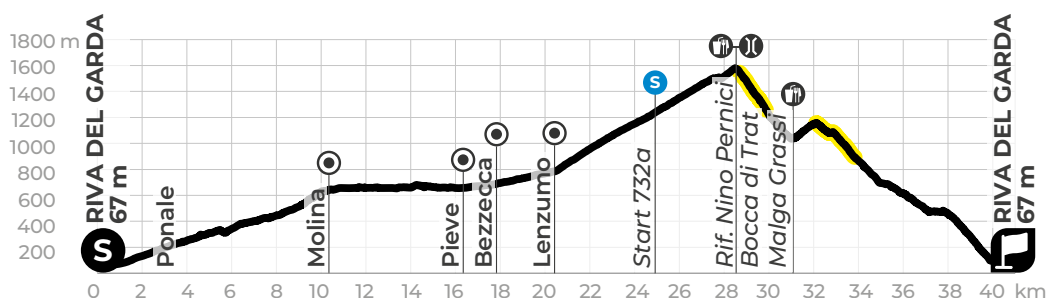
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40,9 km

1810 m

112

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